Calhoun County Tobacco Cessation Resources

Local Resources

Community HealthCare Connections

Free Nicotine Replacement Therapy through the Prescription Drug Access Program (269) 969-6494

FreshStart Smoking Cessation Class

- Bronson Battle Creek Free – offered in February and October (269) 245-8438
- Oaklawn Hospital Free – offered in March, July, and November (269) 789-7937

Michigan Dept. of Community Health www.michigan.gov/tobacco

Michigan Tobacco Quit Line (800) QUIT-NOW

https://michigan.quitlogix.org/

Nicotine Anonymous Meeting at Alano Club of Battle Creek 1125 W, Territorial Rd. - (269) 660-3288 Wednesdays at 7 PM

Alternative Therapies

A Amy Hypnotherapy (269) 963-2333

Health and Energy Acupuncture (269) 962-2836 http://www.acupunctureinfo.net

Oaklawn Hospital Hypnotherapy (269) 781-9119

QuitGuide

Download from iTunes, Google Play, & Amazon Appstore

Mobile Phone Apps

QuitSTART

Download from iTunes & Google Play

Texting Service - Smokefree Txt

smokefree.gov/smokefreetxt/ smokefree.gov/smokefreetxt/FAQs.aspx

National Resources

American Cancer Society

(800) 227-2345 www.cancer.org

American Lung Association

Freedom from Smoking Online Program www.ffsonline.org

Become an Ex

www.becomeanex.org

National Cancer Institute

(877) 44U-QUIT (Quitline) www.cancer.gov www.smokefree.gov

US Dept. of Health & Human Services

www.surgeongeneral.gov/tobacco www.cdc.gov/tobacco/quit_smoking

For more information, contact: Calhoun County Public Health Department, (269) 969-6393