



Michigan Pregnancy Risk Assessment Monitoring System

A survey of moms who recently had a baby

Who Takes the Survey?

One out of every 50 new moms in Michigan counties are randomly selected and asked to fill out the survey after their babies turn two months old.

Why is PRAMS Important?

For Example:

- In 2013, PRAMS data was used to obtain a federal Pregnant & Parenting Teen grant.
- Funds are used to improve health, social supports, and education for pregnant and parenting teens, and teen fathers.

What is PRAMS?

- It stands for the **P**regnancy **R**isk **A**ssessment **M**onitoring **S**ystem
- Moms are randomly chosen from birth certificates
- Results help us learn about all moms living in Michigan
- Topics cover the health of moms and their babies

What does PRAMS Cover?

- Health care & insurance
- Health history & conditions
- Life stressors & experiences
- Activities & health behaviors

What Can I Do?

- Let your voice be heard!
- Help to improve care and resources for women and babies by completing the survey

How PRAMS Data is Used

Results are used to:



Secure funding for women's health services



Improve hospitals' pregnancy care services

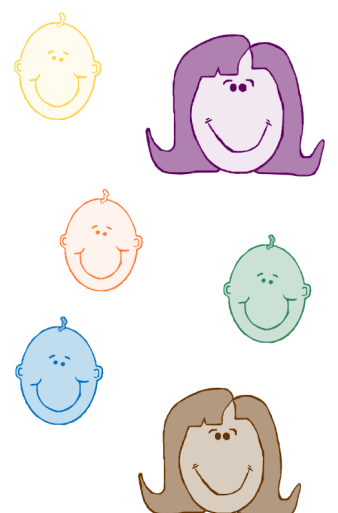


Reduce infant deaths

Moms take the confidential survey

Answers are grouped into usable data

The end goal: happy and healthy moms and babies!



For more information, visit us at www.michigan.gov/prams.

Sponsored by the Centers for Disease Control and Prevention, the Michigan Department of Community Health, and the W.K. Kellogg Foundation. The survey is mailed by our partners at Michigan State University's Office for Survey Research.