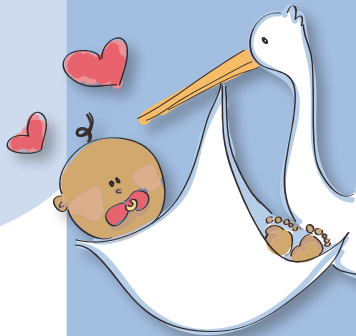


# Congratulations on your new addition!



## safe sleep tips

- 1 Baby sleeps in the crib.
- 2 Baby sleeps on their back.
- 3 Nothing in the crib with baby.
- 4 Baby's face uncovered.
- 5 No smoking around baby.
- 6 Do not overheat or overdress your baby.
- 7 Use firm mattress with tight fitting sheets.

## tummy time

While your baby is awake, use a blanket to give your baby tummy time, which is very important in their growth. Always make sure your baby is being watched by an adult.

Every baby deserves to sleep in a safe environment.

For more  
information,  
please call:

Tomorrows Child  
1.800.331.7437



 **born  
to sleep safe**  
supporting life's most precious packages.